



Using Storica™ to record and experience your life

October 2015

Self-reflection

Exploring causal relations between what happens during the day and how it impacts our wellbeing

Memory aid

Monitoring and correlating multiple life aspects

Why recording?

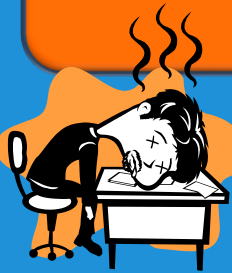
Detecting unusual days

Self-evidence

Detecting behavioural changes

Sharing within certain communities

Why Storica?





We built Storica to answer all these questions and help you see not only WHAT happened but also WHY it happened

Starting up

1. Install Storica from Google Play
2. Start Storica
3. Follow instructions on screen

IMPORTANT:

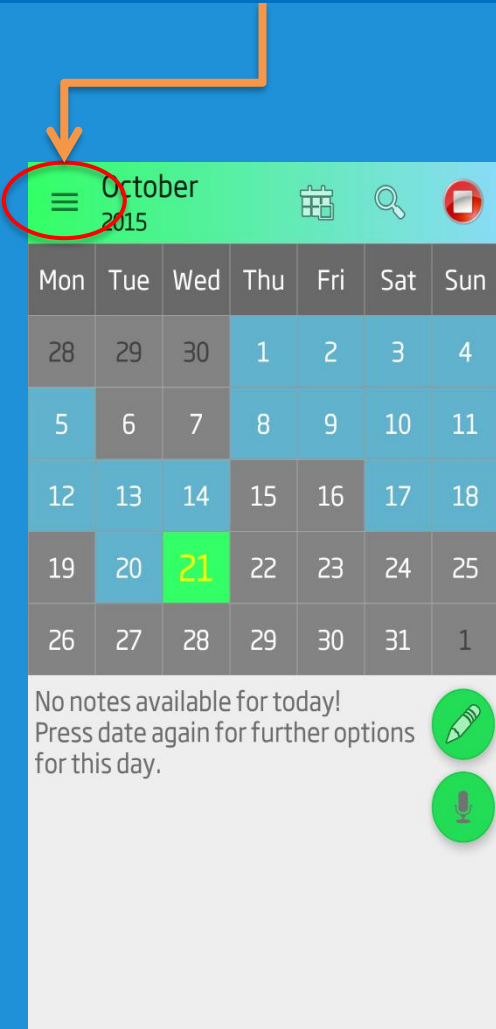
- ⇒ If you used Storica before together with AIRS you will be asked to move the AIRS data to Storica
- ⇒ After that, use only Storica to record and visualise

Storica Features

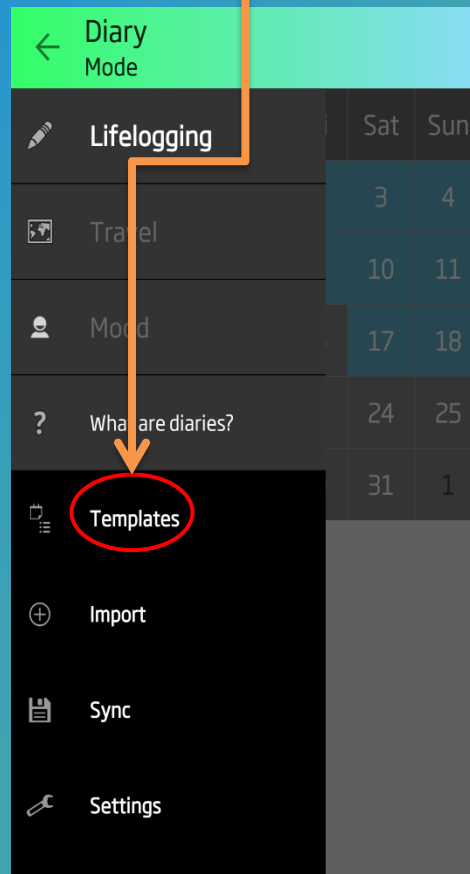
1. Select existing recording template
2. Select sensors and create templates
3. Create screen shortcut(s)
4. Start/stop recording
5. Use Storica widgets for self-annotations
6. Visualising and interrogating data
7. Sharing data

Select existing recording template

Select Options

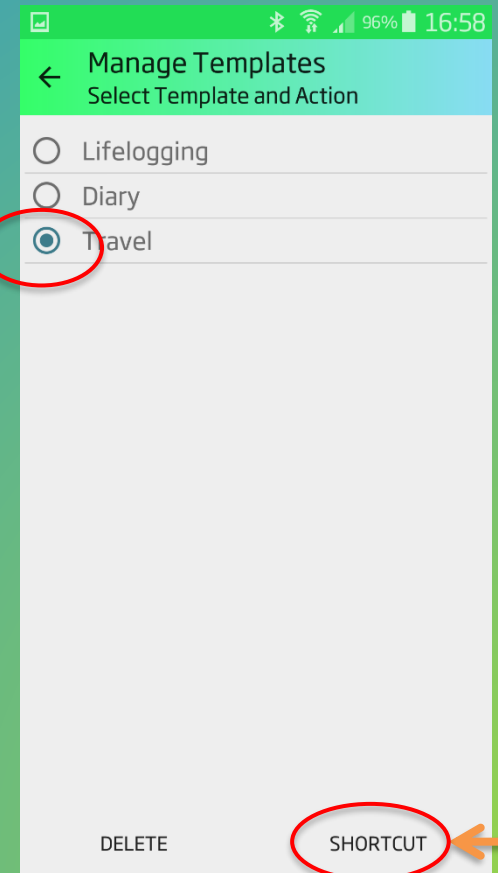


Select Templates



Select template

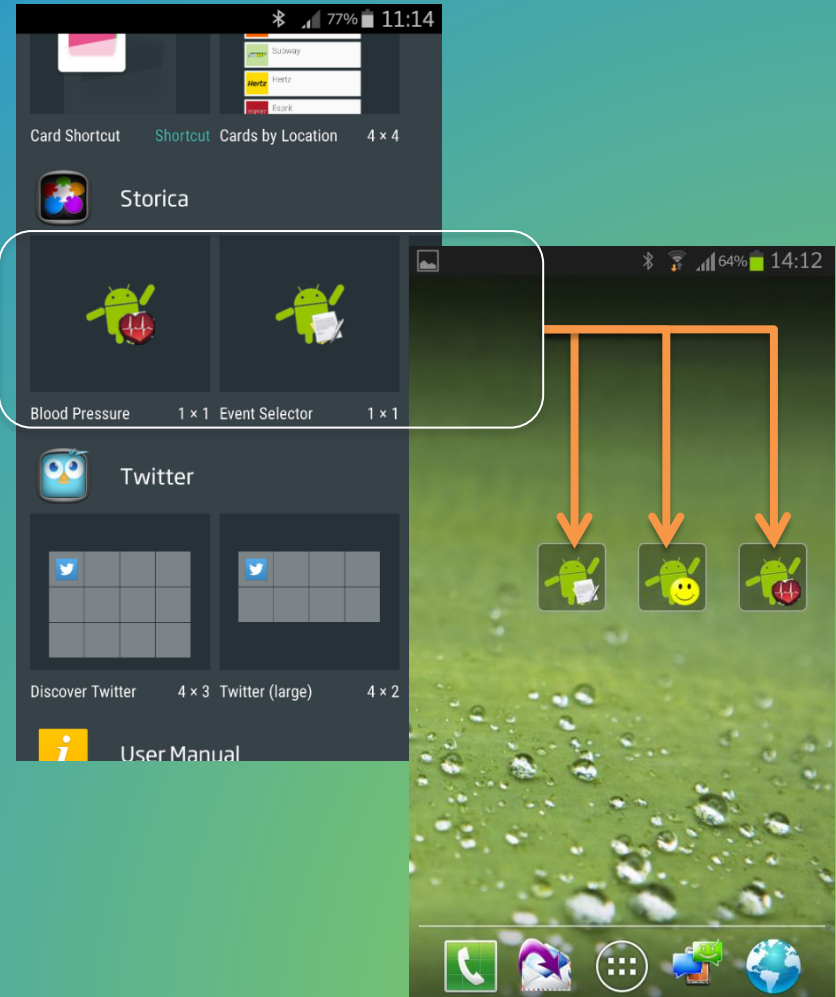
Create home screen shortcut



Using Storica widgets for self-annotations

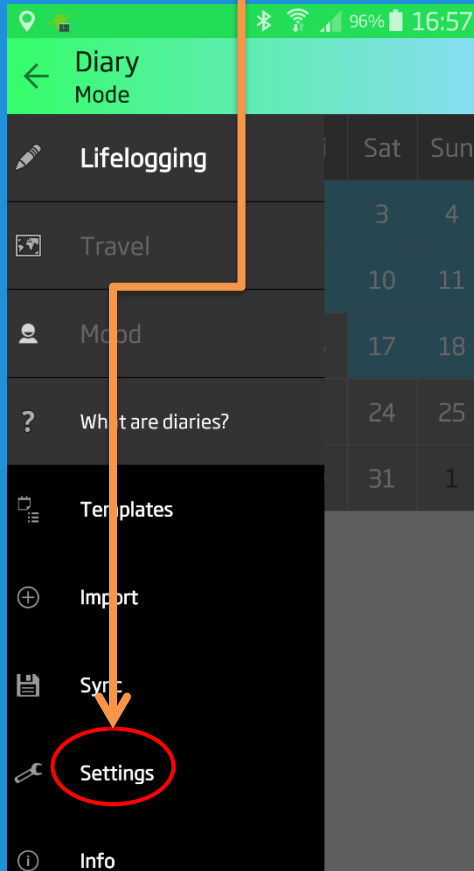
Add Storica widgets to screen

- Event selector: Add free-text annotations to capture interesting moments during the day
- Mood selector: Select or input current mood
- Blood Pressure: Input your blood pressure

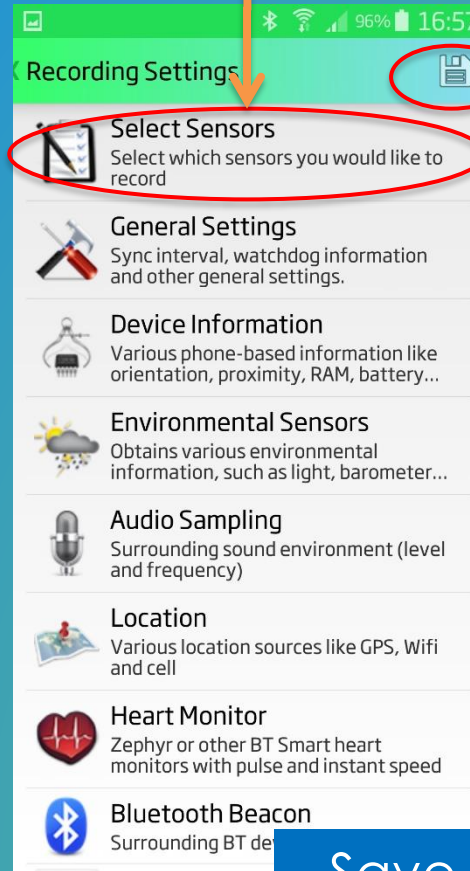


Create own templates

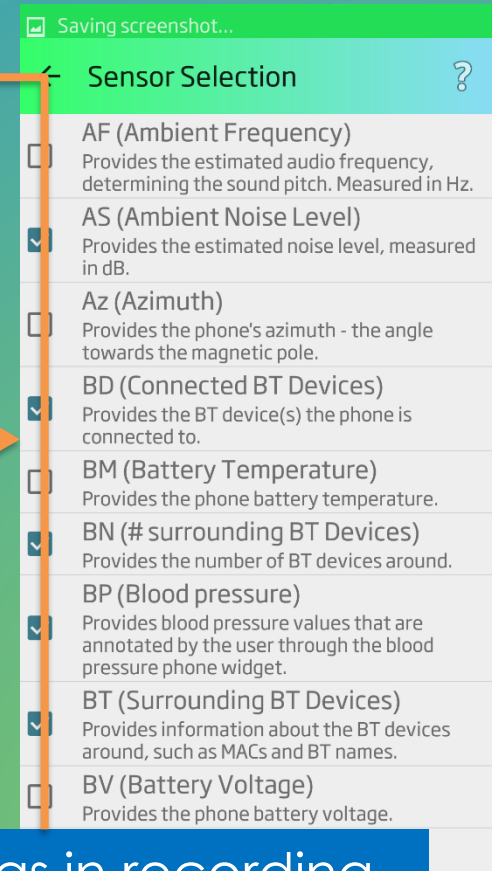
Select Settings



Select sensors to record



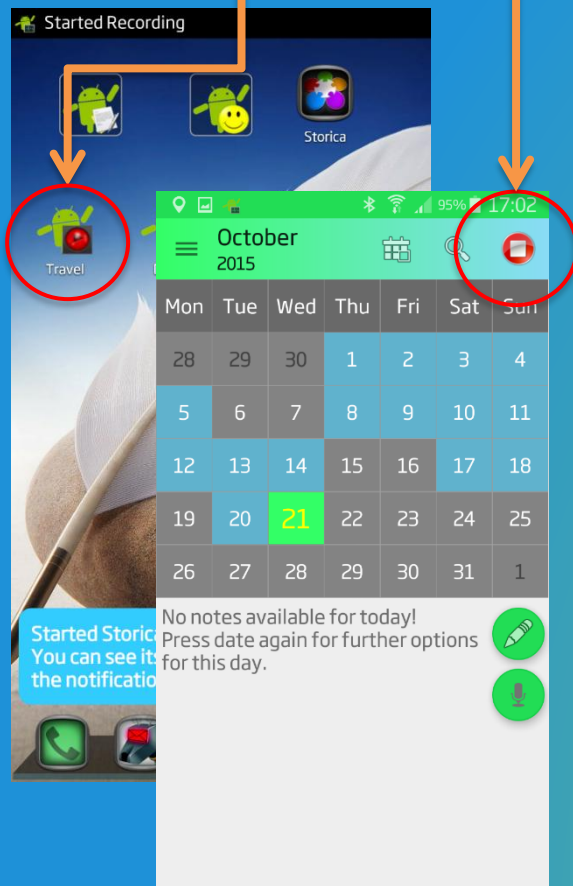
Customise other data sources



Save settings in recording template

Start Recording

Start recording through shortcuts or from Storica



Annotate recording with your own data using the screen widgets

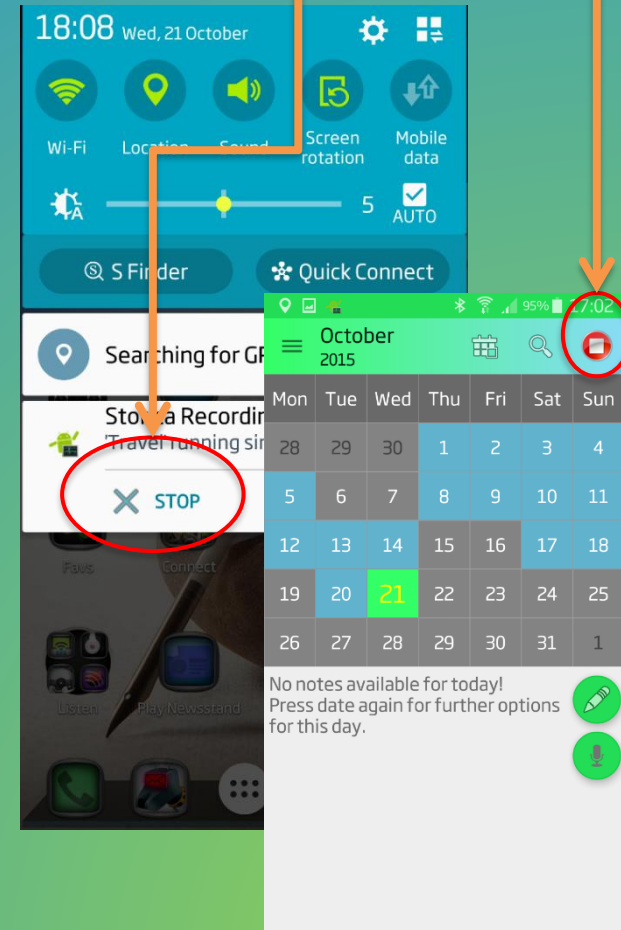
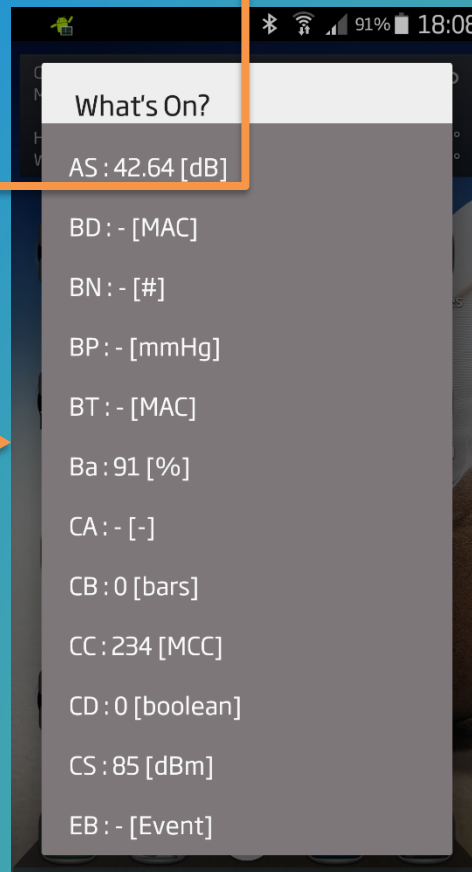
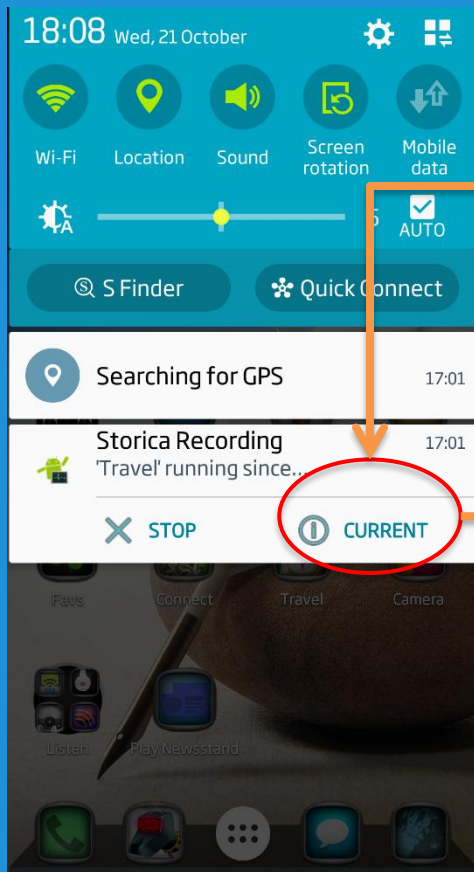


Storica in the Notifications area

Pull down the Storica entry to get the two options

Check current recording

Stop recording



Exploring recorded data

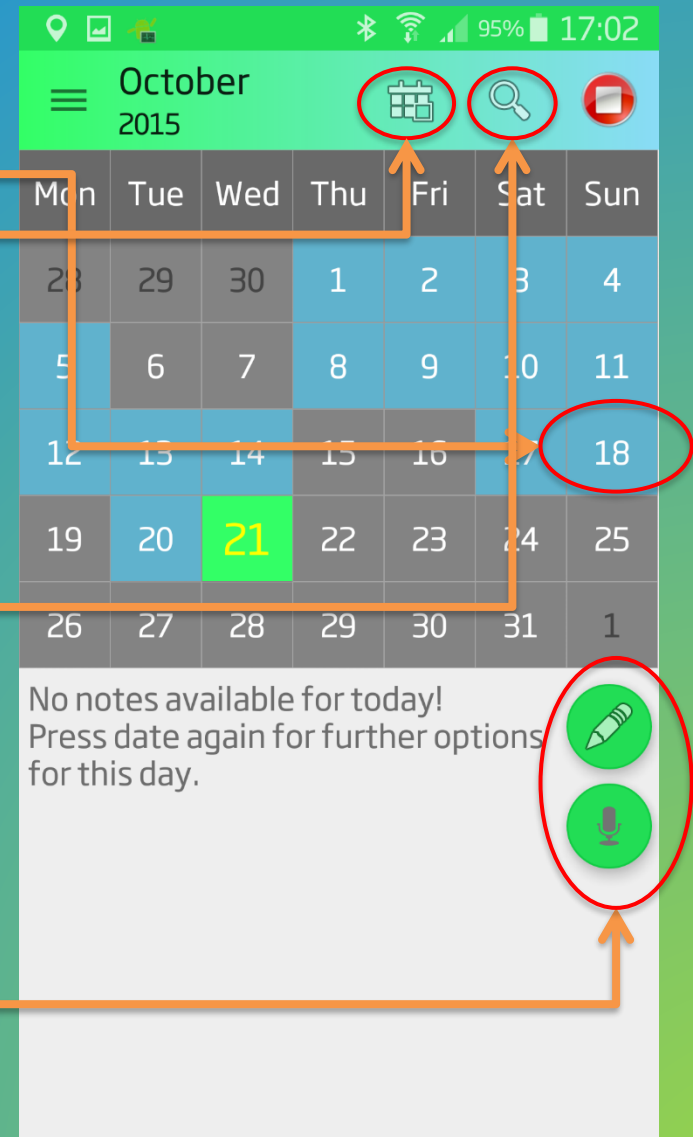
Select a day in the calendar

OR

Explore data recorded over a month

PLUS

Annotate your recordings with text or audio



The Day View

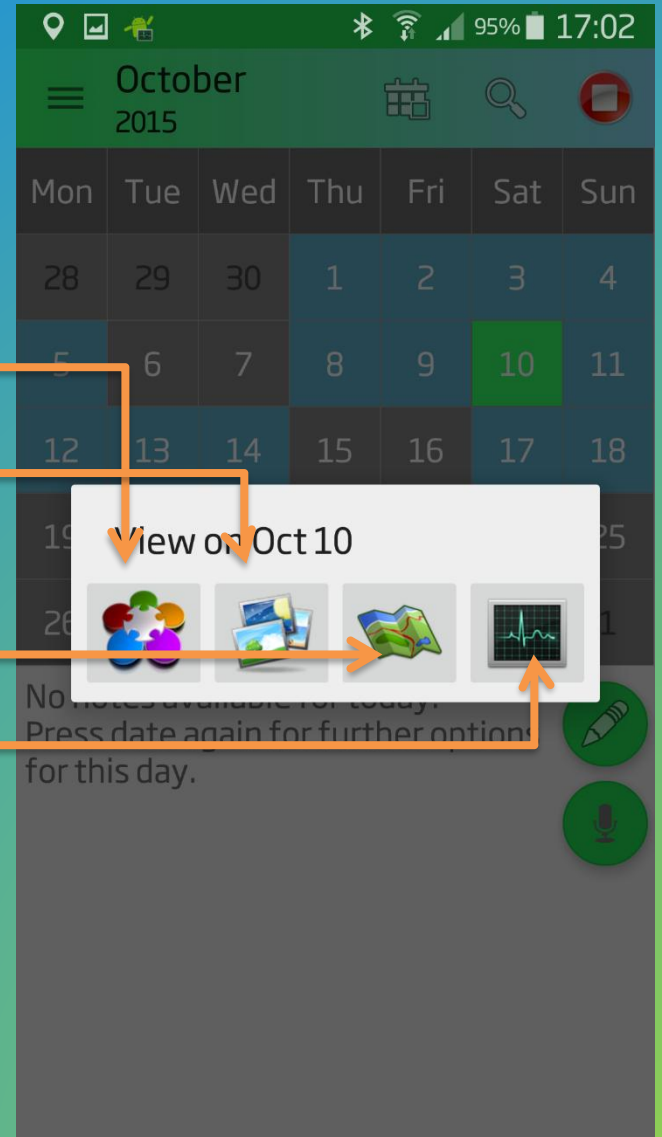
Choose from

➤ Story View

➤ Photo View

➤ Map View

➤ Detailed View

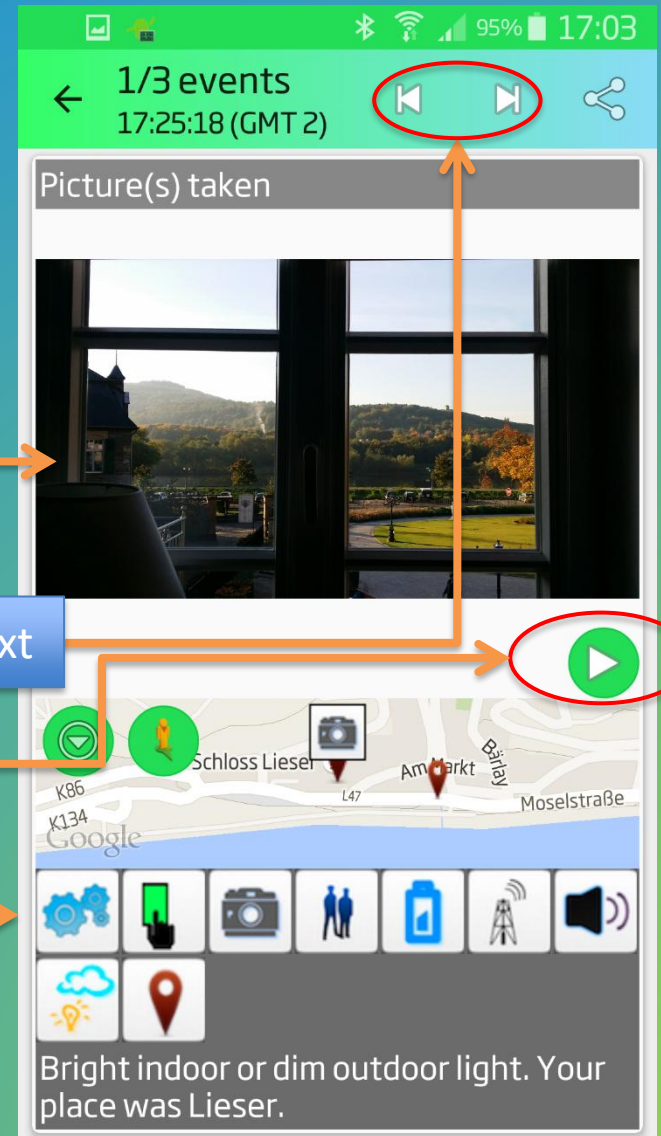


The Story View

Personalised story background (see section on customising Storica)

Move between story events created based on certain triggers

Click icons for more information



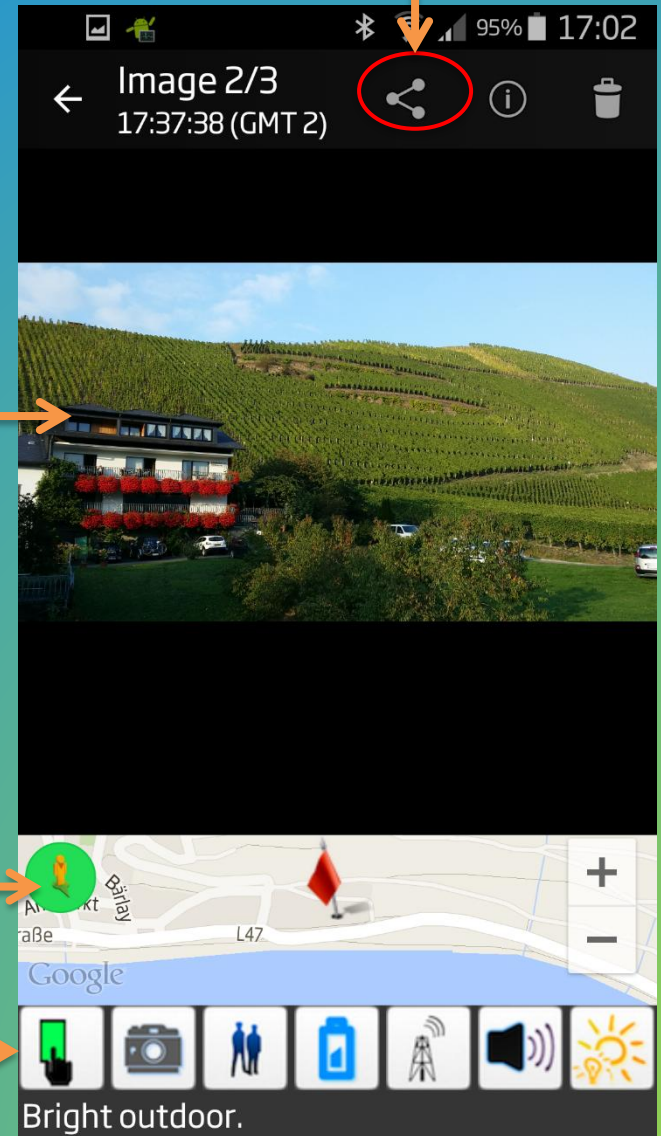
The Photo View

Captures a richer context around the photos you take: see your location, mood, environmental conditions and more...

Open StreetView

Click icons for more information

Share



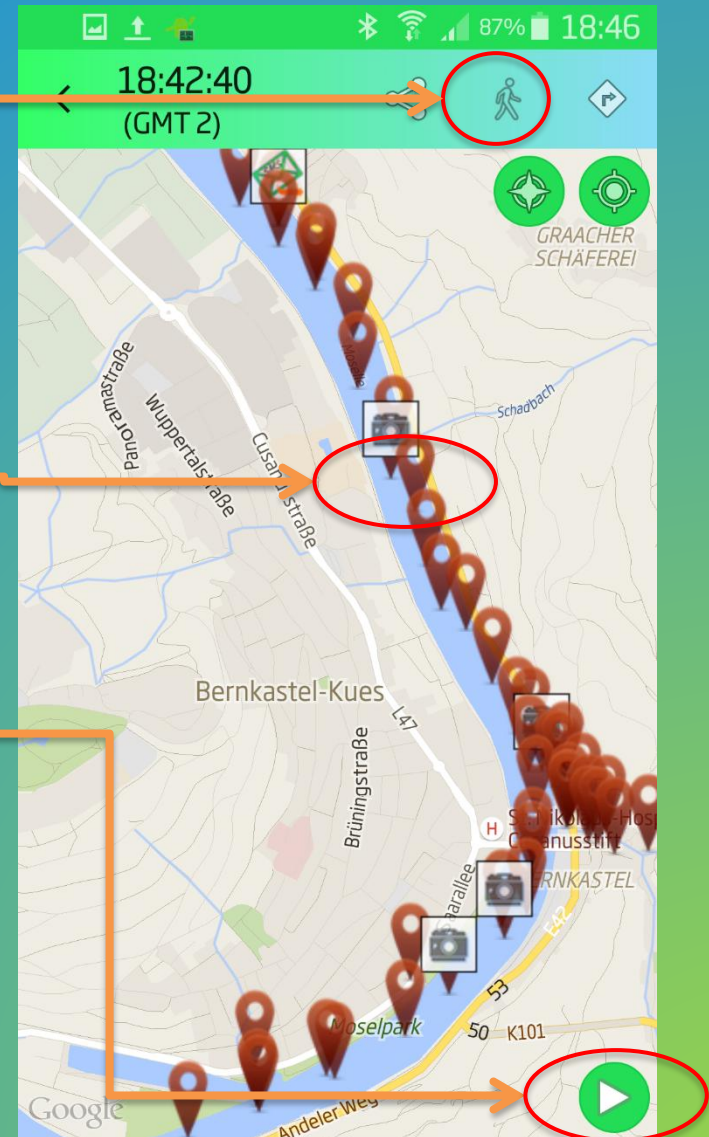
The Map View

A map-based view of your recordings

See story events on a map

Press Play button for 3D fly-over of your track

See distance walked for the day

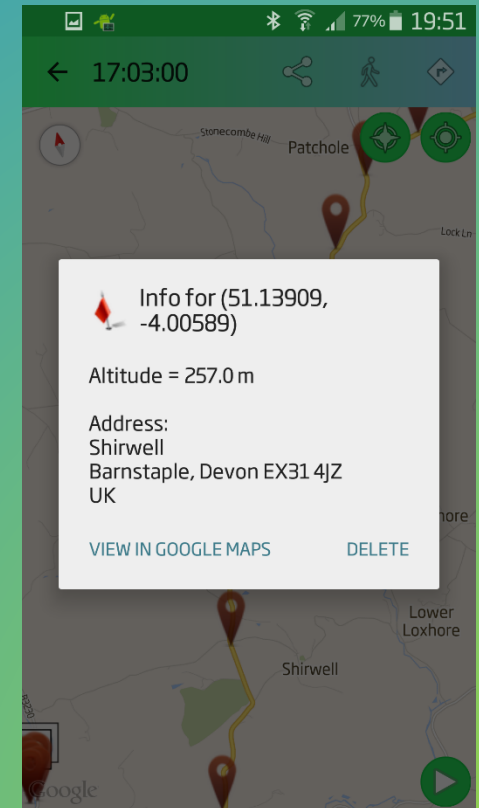
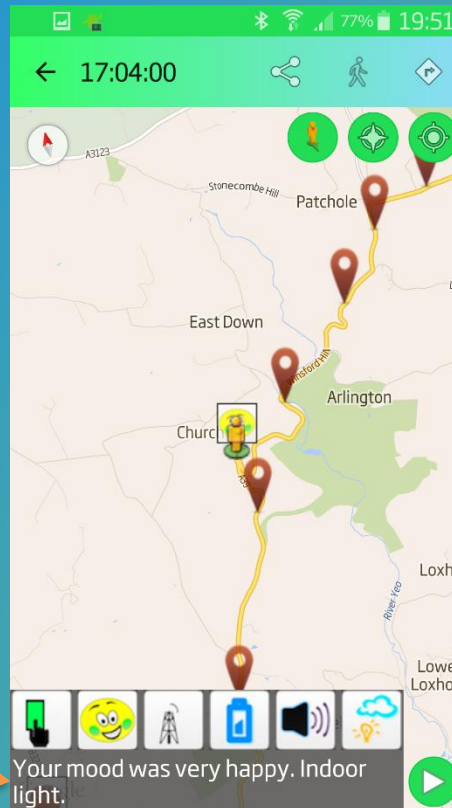
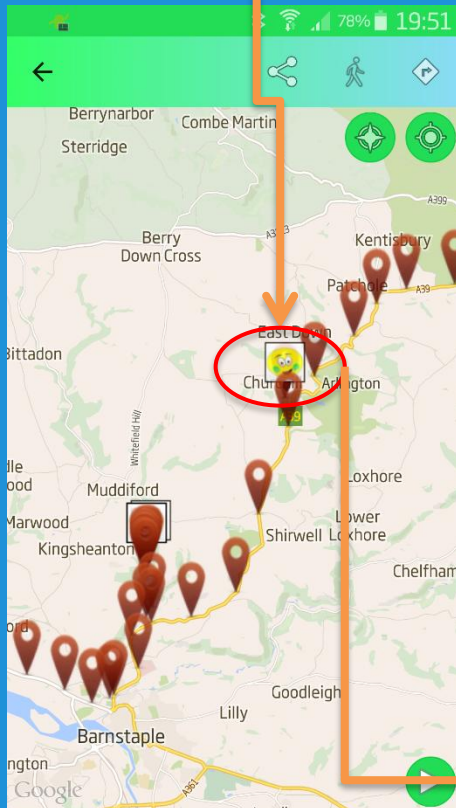


Exploring location markers

Press special marker for more info

Press icons for more contextual information

Press marker again for address information



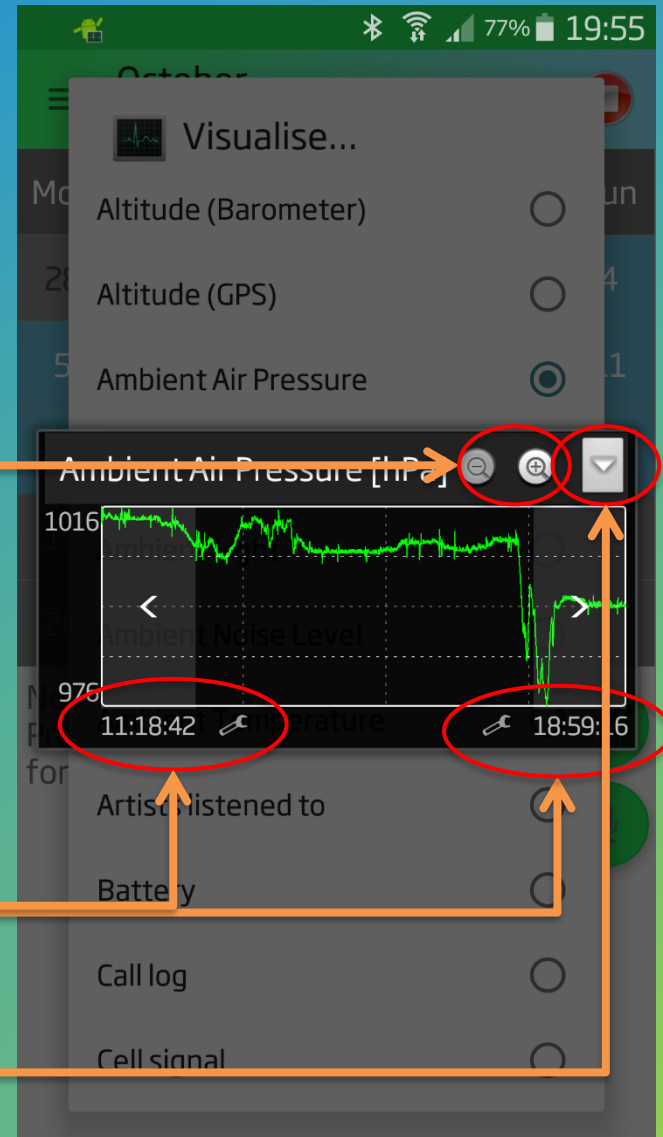
The Detailed View

See detailed visualisations of various recorded data

Zoom in/out

Define own time range

Select second sensor for correlations

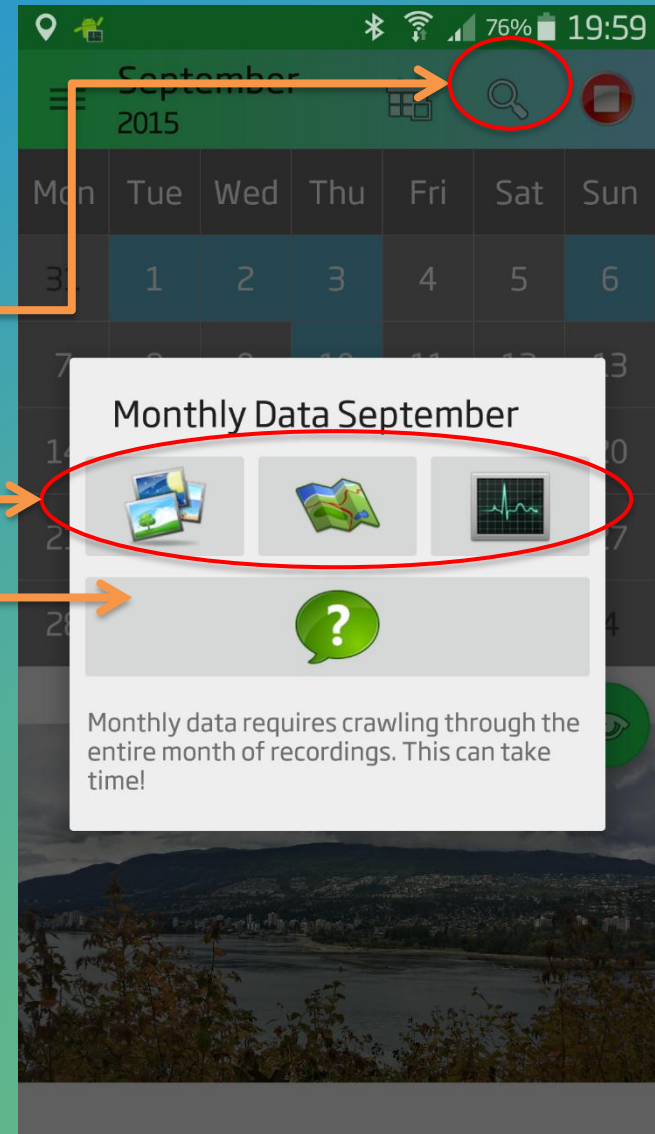


The Month View

Open **Month View** and explore your recorded data through the provided visualisations

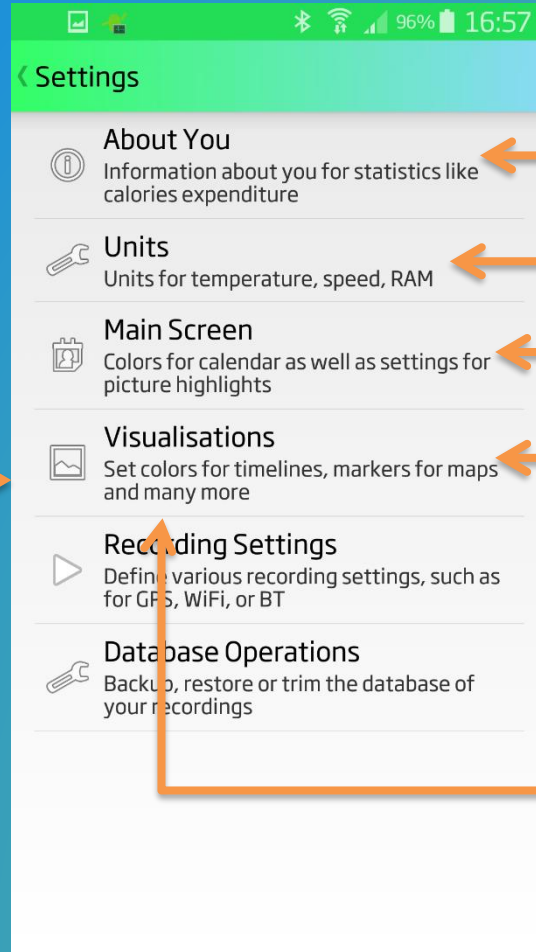
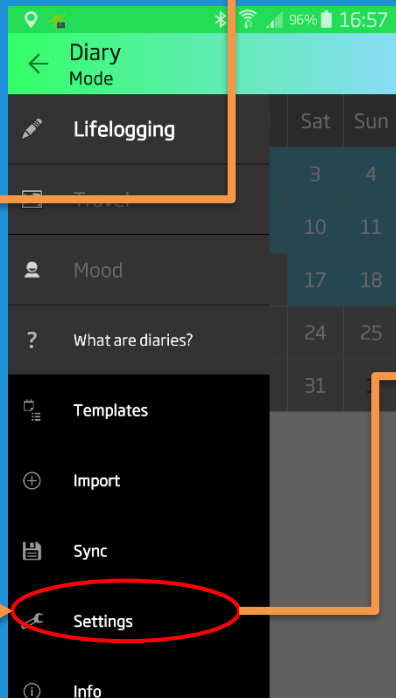
OR

Interrogate recorded data through building your own queries



Customising Storica

Open Settings



Define personal settings about you

Define your own units

Change colours

Define your own location markers

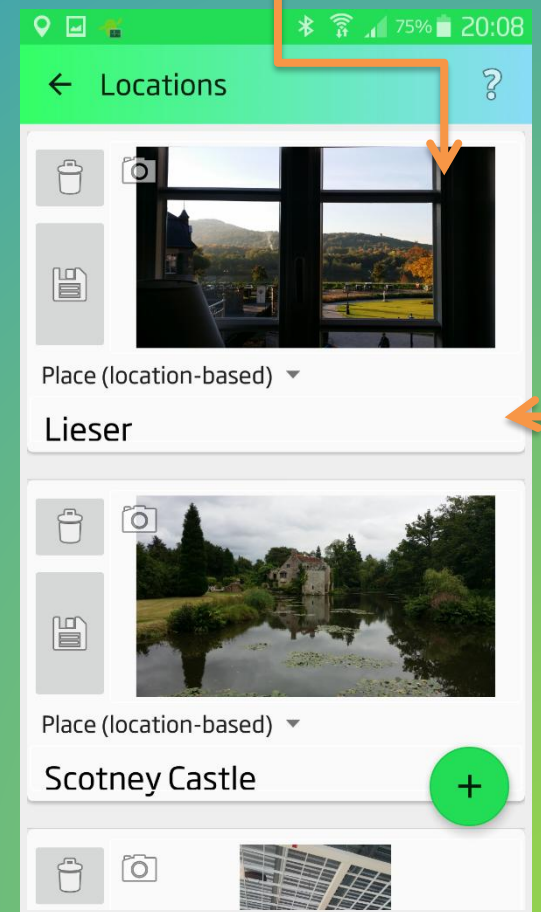
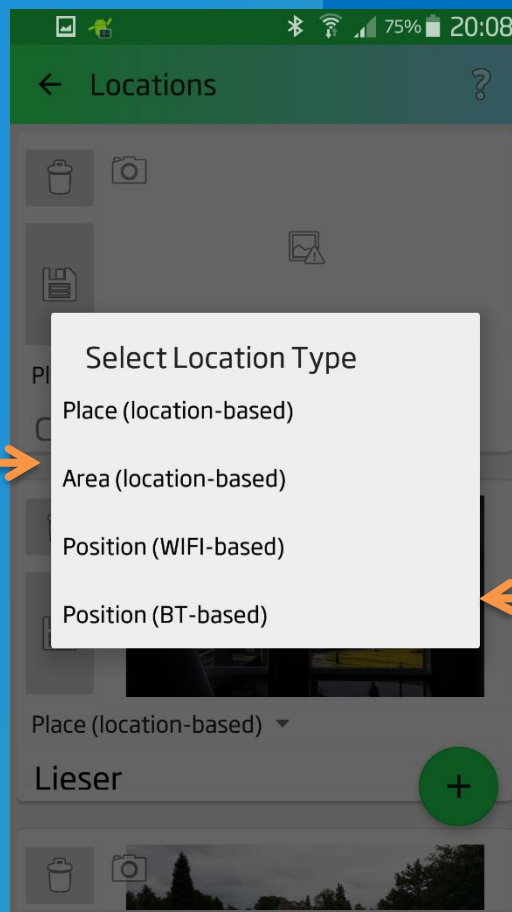
Customise the various views

Define own location markers

Use geocoding for absolute location (either for place or area)

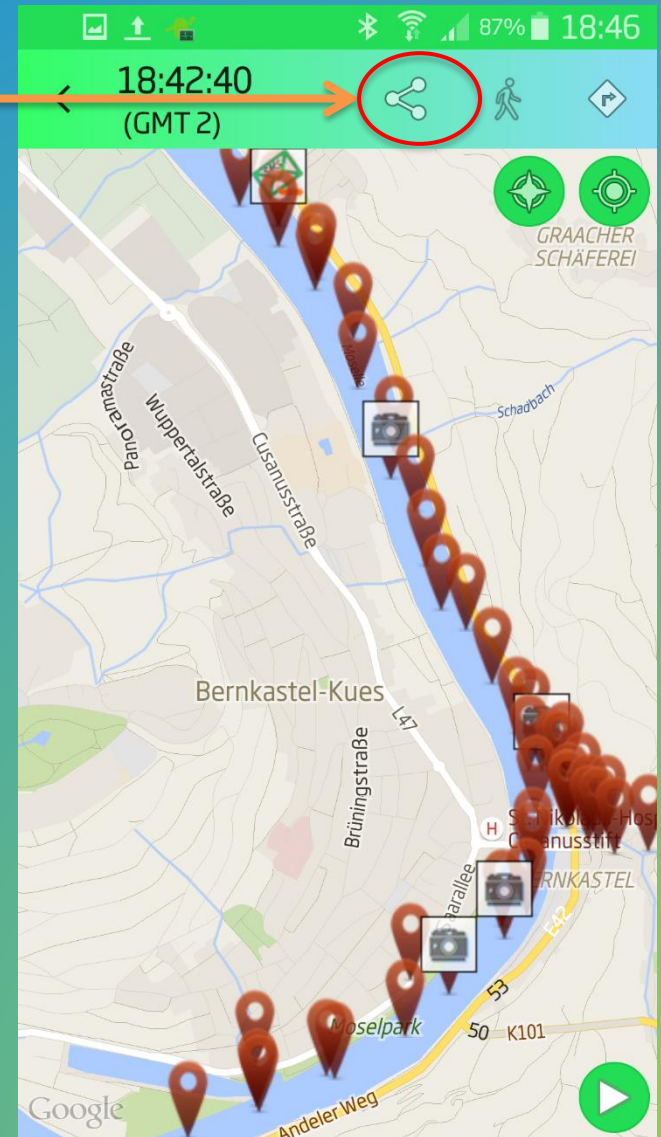
Use known and unique WiFi or BT association for relative location

Add location name and select photo



Sharing from Storica

Share any part of Storica (story, map, photo or timelines) on your favourite social network, via email or to other devices!





Enjoy Storica!

Find us at contact@tecvis.co.uk