



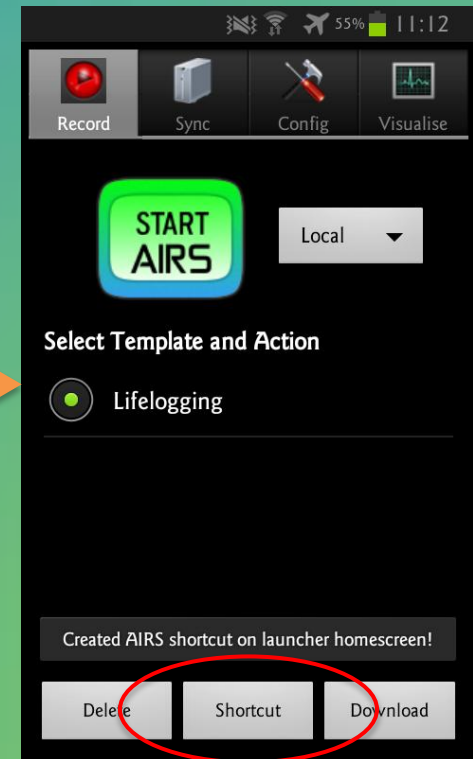
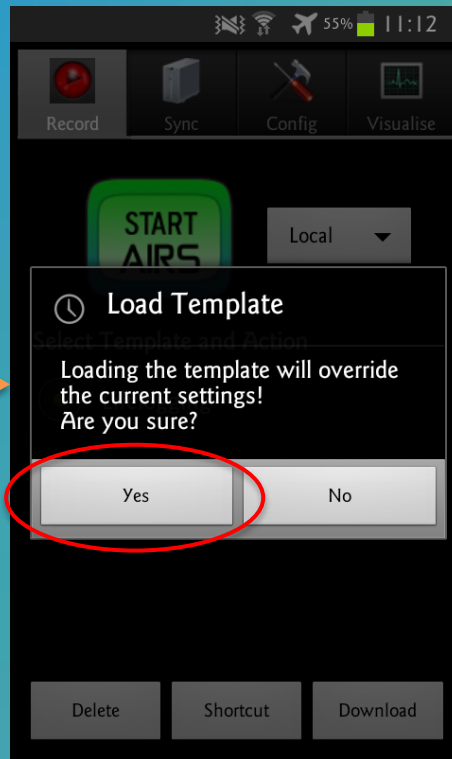
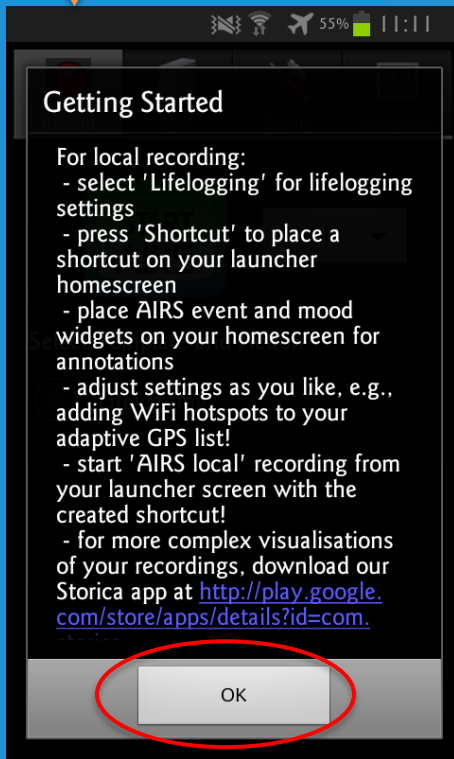
Using AIRS to record your life

Starting up

Install AIRS from
Google Play
Start AIRS

Install default
recording
template

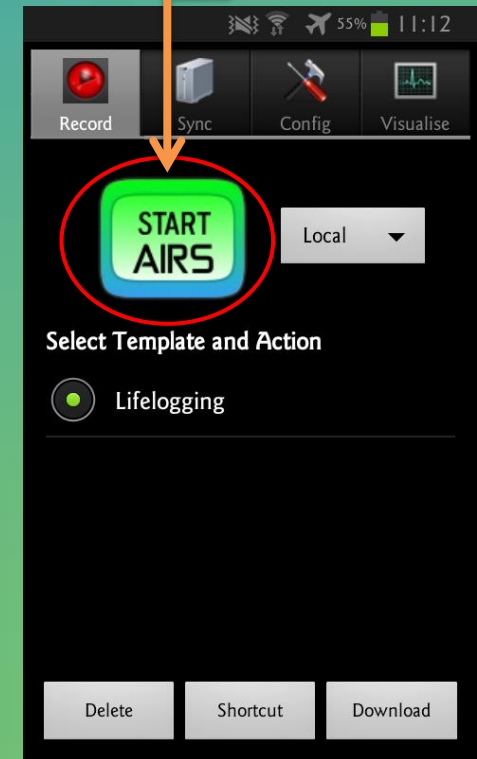
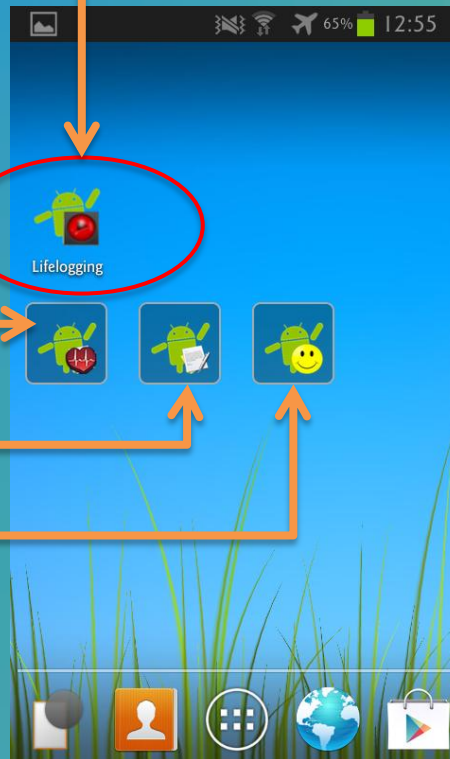
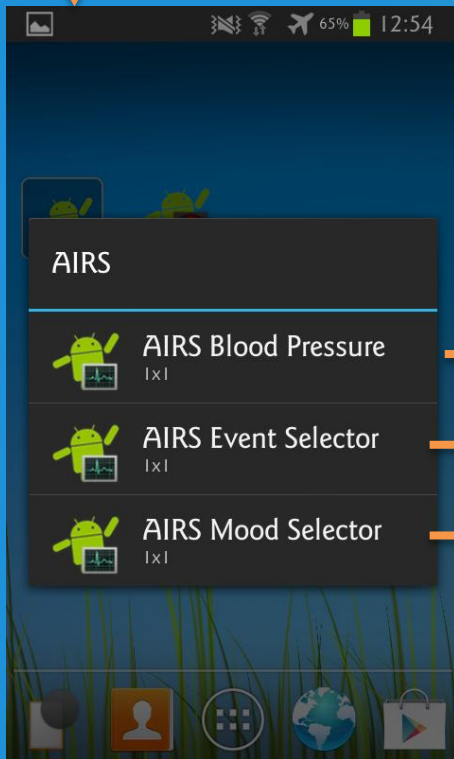
Add recording
Shortcut to home
screen



Starting up

Add home screen widgets for manual annotations

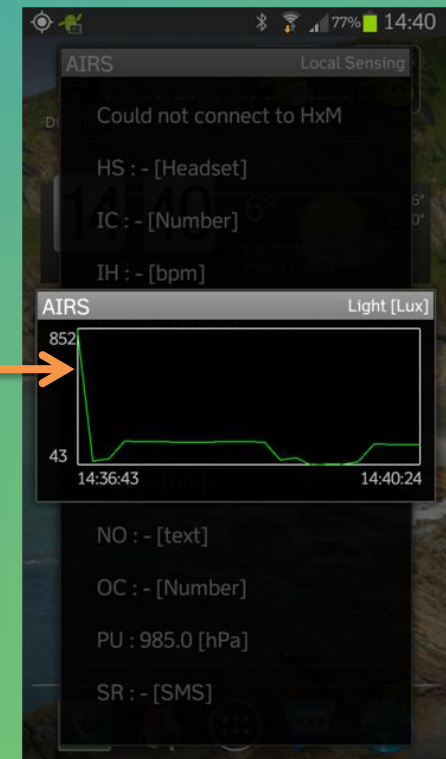
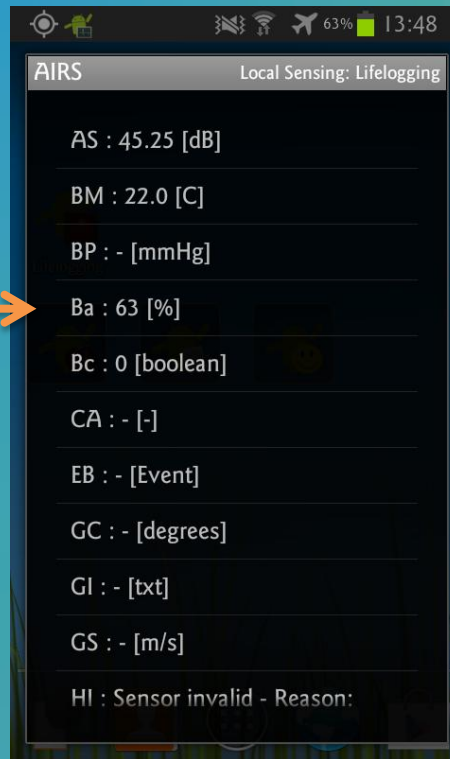
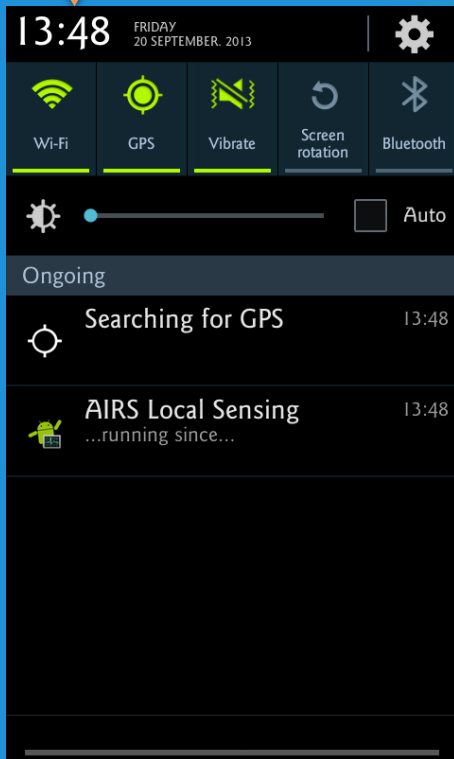
Start recording
From shortcut
From AIRS app



Check Recording

Check current recording (from notification window)

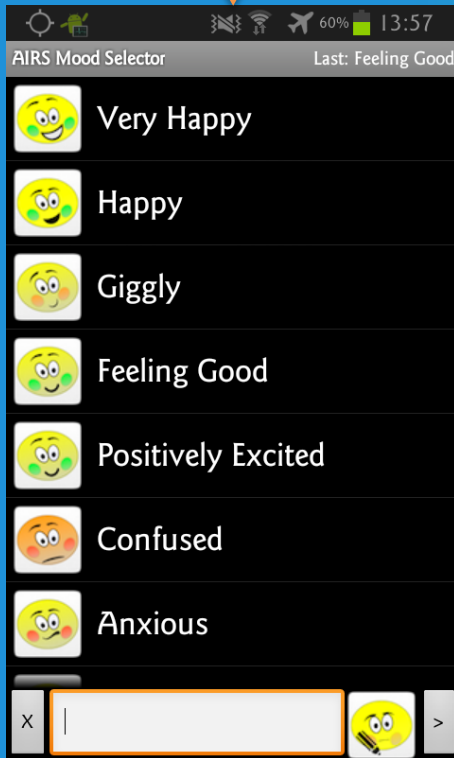
Click specific input to see latest values



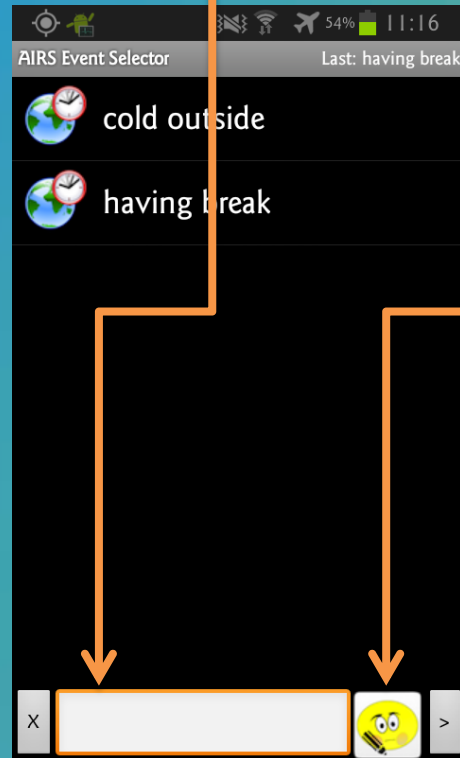
Annotate Recording



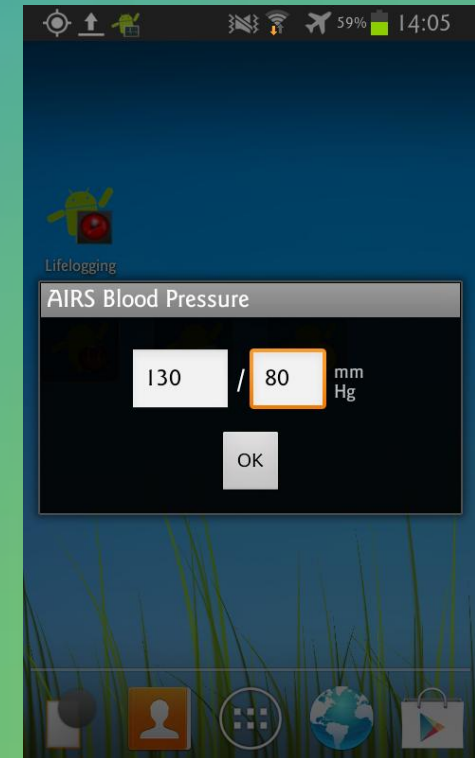
Select mood or
add own



Select existing
event note or add
new one
Associate mood
with note



Add blood
pressure
measurements

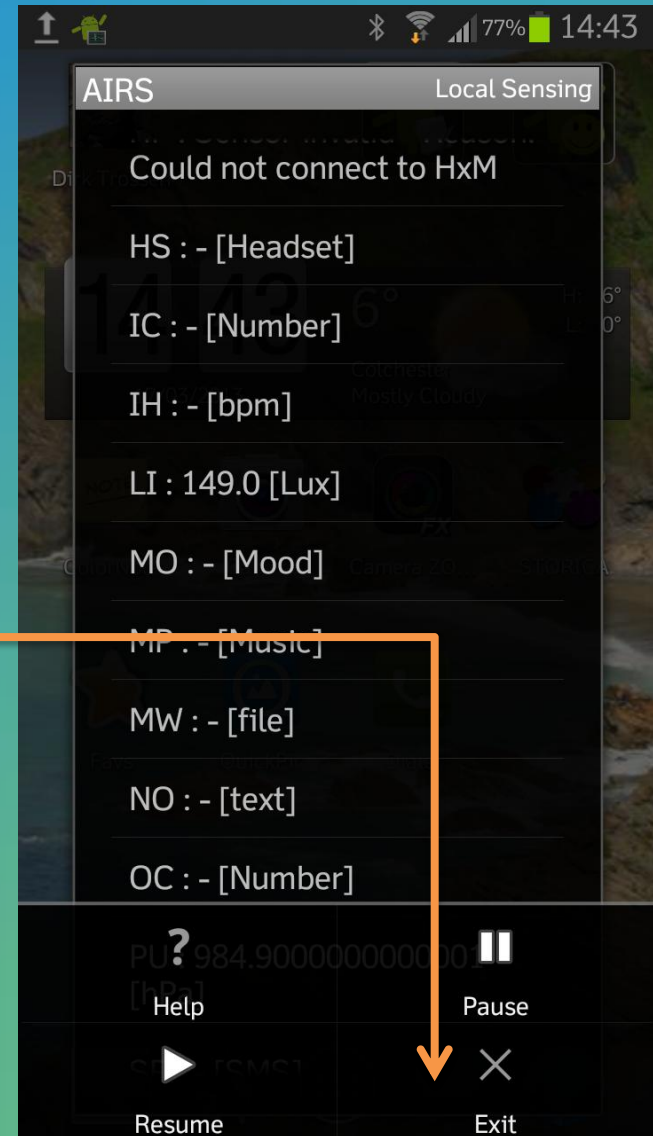


Stop Recording

Press Exit to stop AIRS
(under Options for the
measurement window)

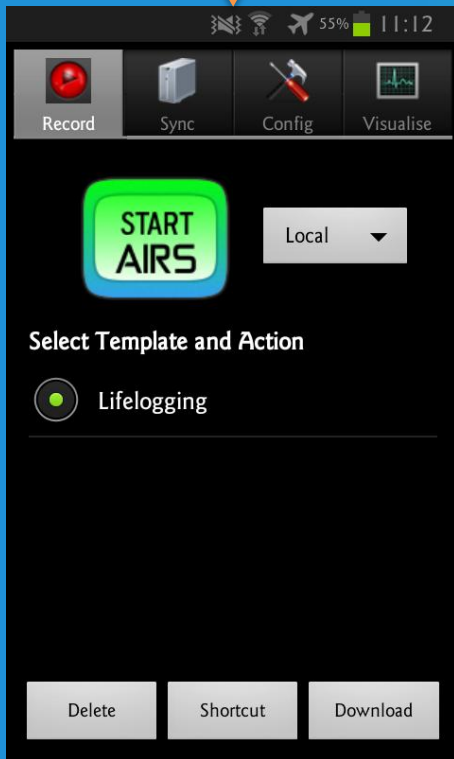
OR

Go into the AIRS app to
stop it

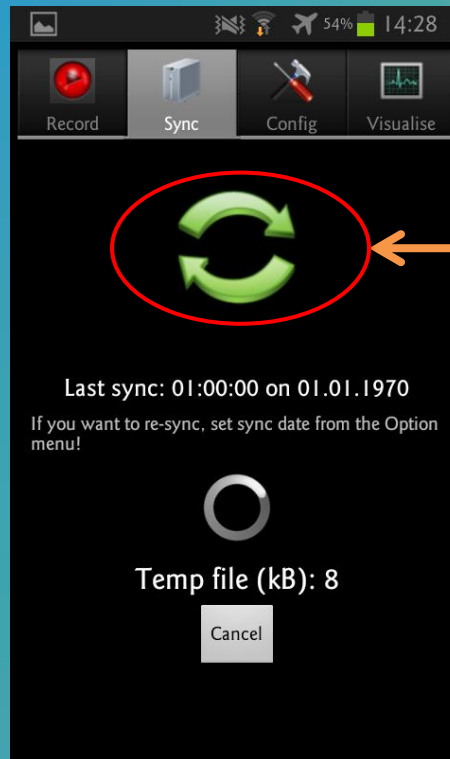


Syncing recordings

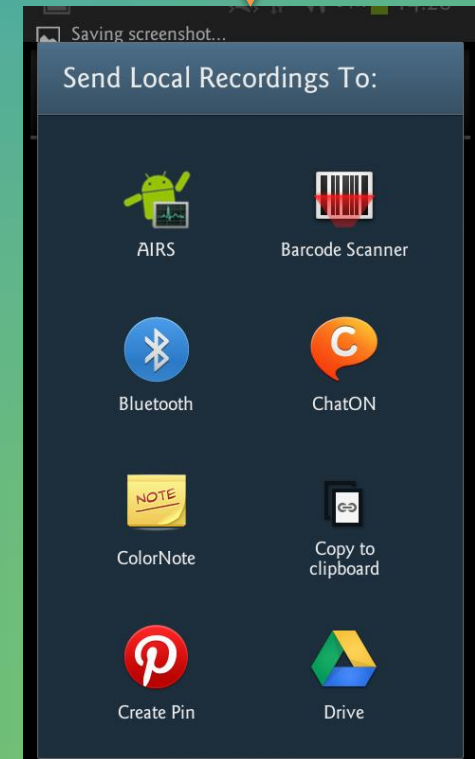
Open AIRS



->Go into Sync tab
->Press synch icon
->Wait for file to be created



Select where to send the data file



ADVANCED OPTIONS

Configure AIRS

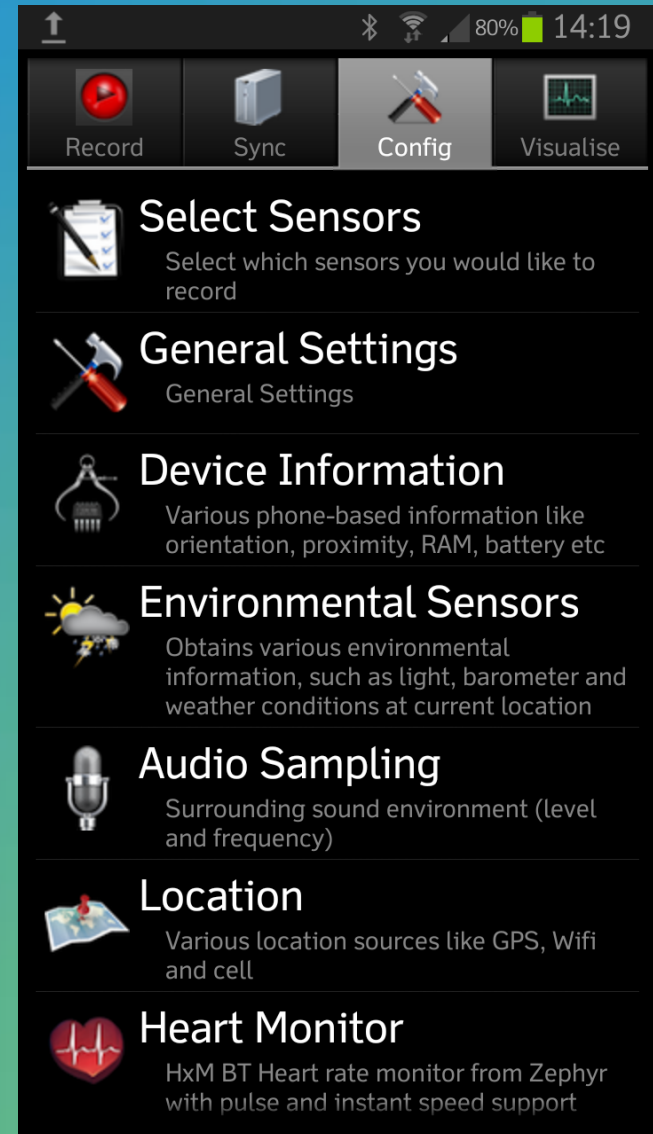
Select what sensors to be recorded

Change recording intervals for certain types of sensors

Connect heart rate monitor

Change size of annotations list

And more...

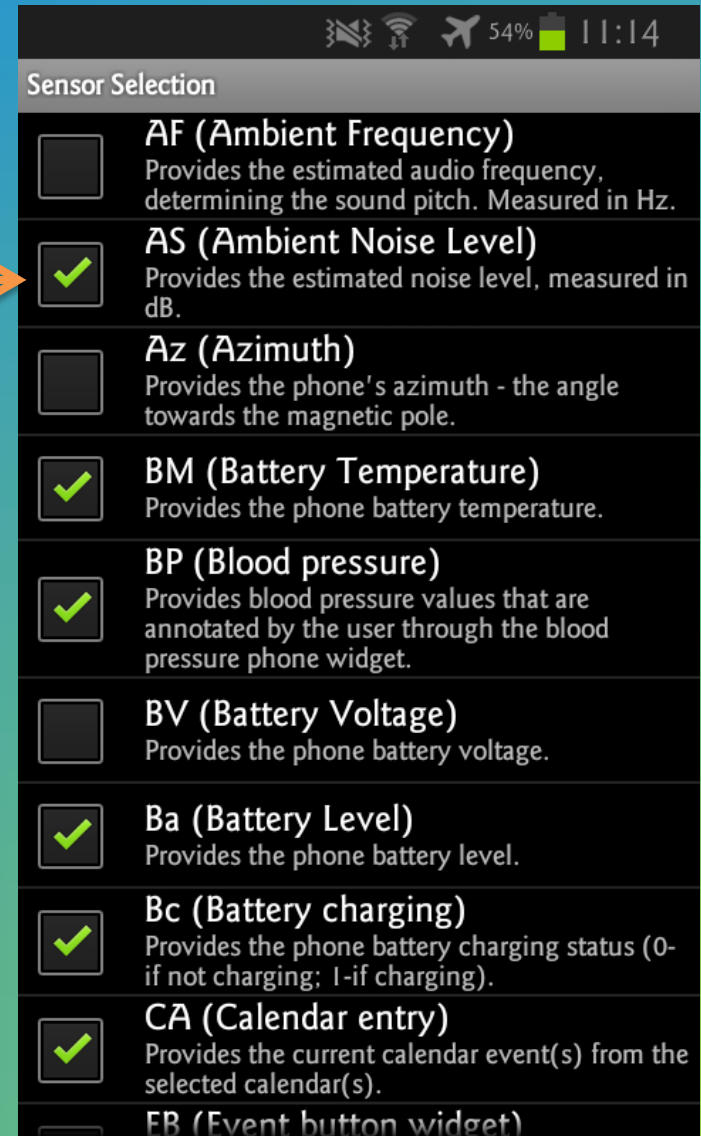


Select sensors

Decide what data you would like to record

See tips at:

<http://tecvis.co.uk/software-2/storica/tips-for-recording/>

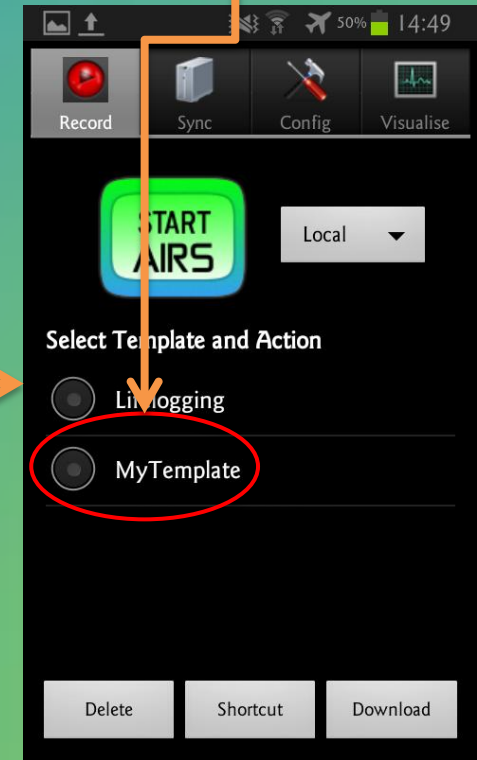
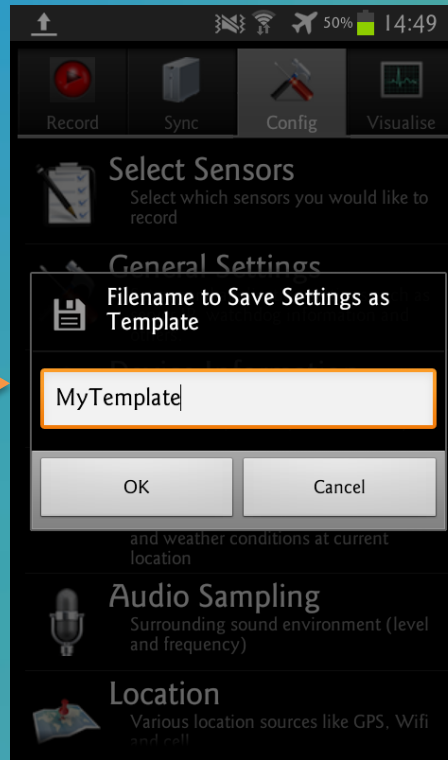
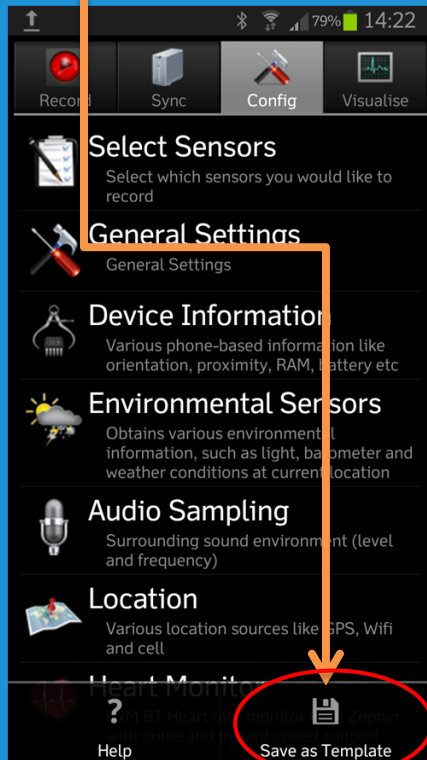


Using AIRS templates

Save all current settings as template (open Options menu)

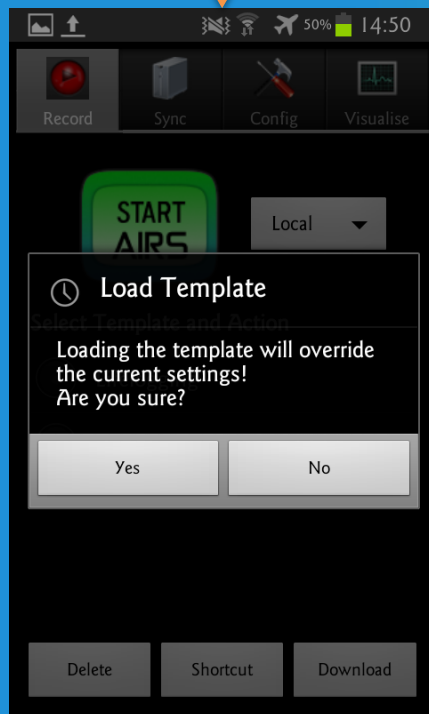
Name template
Get back to Record tab

Select template →

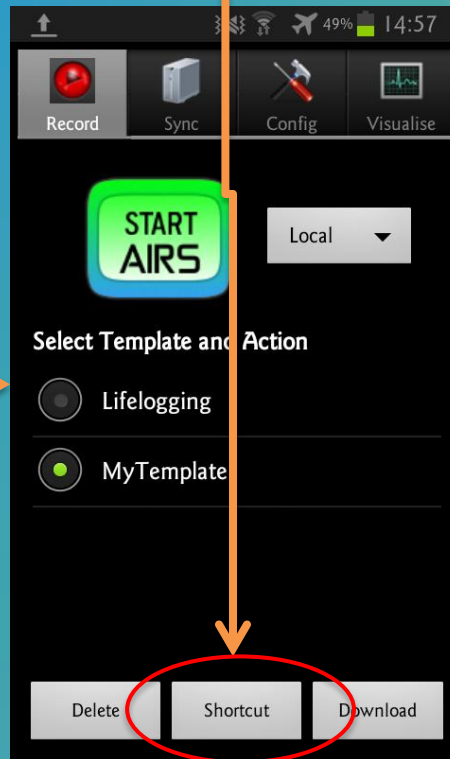


Using AIRS templates

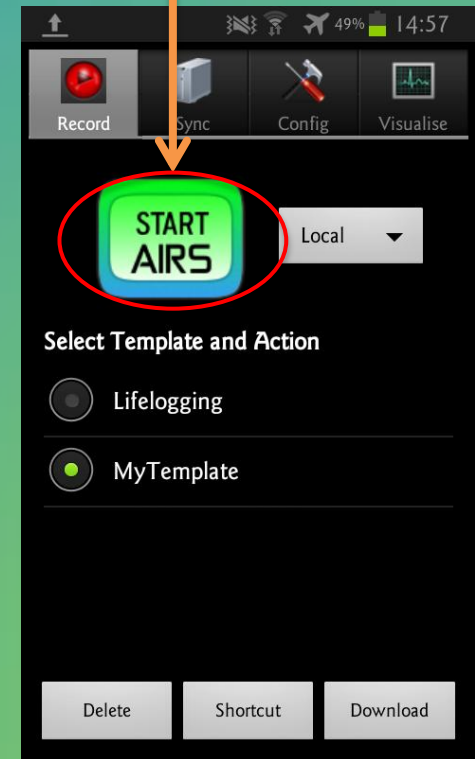
Load the template you want



Create home screen shortcut



Start recording





Want to visualize your data? Get **Storica!**

Have anything to say?

Find us at contact@tecvis.co.uk